

Why have a mammogram?

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Preparations

Certain substances can produce unwanted effects on the films and you will be asked not to use talcum powder on the breasts on the day of your examination.

Attendance

Although each image takes only a moment, the whole procedure can take 15 to 20 minutes to complete.

The Radiologist will look at the images to see if further views or an ultrasound might be needed. This will take an extra 30 minutes.

Your films will be examined by two Radiologists.

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The Procedure

Mammography uses x-rays to record images of the breasts on film. The images are taken on an x-ray machine by a trained mammographer.

Views are taken from several angles to ensure complete coverage of both breasts and it is possible your test may be supplemented by an ultrasound examination. This will be used to obtain more information and prevent a delay in diagnosis.

The technique uses compression of the breast tissue to obtain clear images. This is essential to see the fine internal detail but it does produce some discomfort. This is a momentary sensation and is generally well tolerated. If your breasts are very tender on the day it might be wise to delay the test until your symptoms settle.

Medicare Rebate

To receive a medicare rebate for a mammogram performed by the Canberra Imaging Group the patient history must mention one of the following clinical indicators:

- » Family history of breast cancer
- » Follow-up of previous breast malignancy
- » Mass
- » Breast lump
- » Localised pain/tenderness
- » Nipple discharge.

Please Ask

We know that most patients are anxious about having tests performed. If you do have any questions or concerns, please ask our friendly staff.

We also welcome any feedback.



Appointment

Please phone or SMS our friendly booking service on **1300 788 508** or request an appointment online www.canberraimaging.com.au

What to bring

Please bring the following items with you to your appointment:

- Your referral
- Any relevant films
- Medicare card
- Pension / Health Care card

Your results

Your doctor will receive fast and convenient electronic access to your reports and images. Canberra Imaging Group strongly advise that you return to your referring doctor in order for your doctor to discuss your results with you.