

An X-ray image is created when a small amount of radiation is passed through a body part. Different internal structures absorb different amounts of radiation, which is why the result of an X-ray shows white solid bone structures and grey muscle areas.

X-ray is the most common form of medical imaging and is extremely useful in diagnosing disease and injury such as pneumonia, heart failure, fractures, bone infections, arthritis and cancer. To receive an X-ray you need a referral from a medical practitioner or in some instances an allied health professional.

What will happen during my appointment?

There is generally no specific preparation for a plain X-ray. The reception or booking staff will confirm with you if any preparation is required.

Your X-ray will be conducted by an experienced radiographer. The radiographer will escort you to the examination room, explain what will happen and instruct you on how to prepare. This may involve removing watches / jewellery and, in some instances, may require you to change into a gown.

How long will an X-ray take?

This will depend on the body part being imaged and the number of X-rays taken. You may be asked to stand or lie in different positions to allow for the best image. You may also be asked to hold your breath or stay very still while the image is acquired.

You may feel uncomfortable while the X-ray is being taken, particularly if you have an injury that is being imaged, however, the X-ray itself will not cause any additional pain.

The radiographer will then check to ensure that they have all the images required. This may take several minutes.

Are there any risks associated with an X-ray?

Having any X-ray will expose your body to a low level of radiation. At Canberra Imaging Group, our experienced radiographers are trained to use the lowest possible amount of X-rays required to produce a satisfactory image.

Whilst this level of radiation is considered very safe, we take additional precautions in certain circumstances. Please inform the radiographer if you are, or could be, pregnant prior to the examination.

When can I expect the results of my X-ray?

We provide online access to your result and images through our "CIG Patient Results" portal. Ask the reception staff if you do not already have an account. The turnaround for plain X-ray results is within 24 hours.

To ensure that we are providing you with the best service, at any stage of the examination if you have any questions or concerns, please ask our staff.

We also welcome any feedback.



Appointment

Please phone or SMS our friendly booking service on 1300 788 508 or request an appointment online www.canberraimaging.com.au.

What to bring

- Please bring the following items with you to your appointment:
- Your referral
 - Any relevant films
 - Medicare card
 - Pension / Health Care card

Your results

Your doctor will receive fast and convenient electronic access to your reports and images. Canberra Imaging Group strongly advise that you return to your referring doctor in order for your doctor to discuss your results with you.